

PILATES-based Mat Teacher Training Course – Level II
with Samya Tatone

Course agreement

In order to successfully complete the course I understand that I must:

- Attend all the course hours (30 hours including homework assignments, written quizzes and practical exam).
- Obtain a minimum passing grade of 80% on the quizzes and practical exams.
- Complete all homework assignments and observation hours by the designated date stated by teacher.

I understand that to date, Pilates instructors are certified by different Pilates schools and that to date there is no governing body that oversees all Pilates Instructors. By successfully completing this course Harmoni Health Centre is providing me with a certificate of completion. I understand that this course may not be recognized by other Pilates schools or Pilates studios.

As is the case with any physical activity, the risk of injury, even serious or disabling during Pilates is always present and cannot be entirely eliminated. I hereby agree to irrevocably release and waive any claims that I have now or hereafter may have against Harmoni Health Centre, Samya Tatone or any other instructors presenting during this course.

I agree that the material presented in this course is general information about the instruction of Pilates. It does not enable me to diagnose or treat any specific conditions.

Name

Date

Witnessed